



# Memorial Run for Thaddeus Cheong

## What is it

- A 5 km run in memory of Thaddeus Cheong

## When

- 20 June 2010, Sunday

## Time

- 4 pm to 6 pm

## Venue

- Raffles Institution (JC) Stadium, Bishan Road

<http://www.ri.sch.edu.sg/en/special/campus-map.html>

## Attire

- Pink (preferably) as it is Thaddeus' favorite colour!

## Participants

- Family, Relatives & Friends of Thaddeus
- Ex-Class/School mates
- Ex-RI(JC) Cross-Country Runners
- Triathlete community
- Anyone who wants to do it for Thaddeus

## RSVP

Please email to Jerry Seah:  
[Seahjerry@hotmail.com](mailto:Seahjerry@hotmail.com)

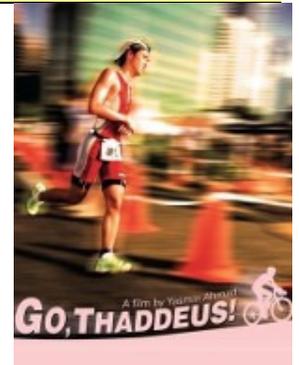
∴ Thaddeus Cheong, our 17 year old national triathlete, left us after the 2007 SEA games time trial on 24 June 2007. He clocked a personal best time of 2 hrs 9 mins.

To mark the **3rd Anniversary** of his return to his eternal home, a 5 km run is being held for the third year in his memory ∴.

## Go, Thaddeus!

- We miss you and this run is for YOU
- With your passing, we learn to "Live Life to the Fullest" just as you did when you were with us
- We will continue to encourage healthy living through running which you loved
- You will always be remembered

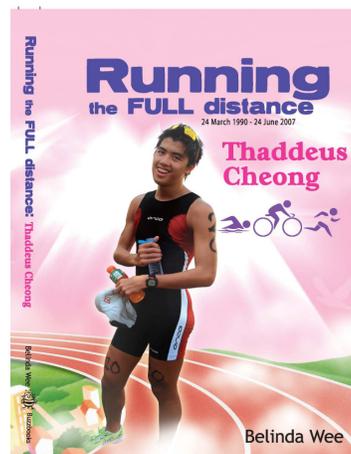
[www.gothaddeus.com](http://www.gothaddeus.com)



## Thaddeus' Motto

**LIVE STRONG!**

## Thank you for all your continued support and participation



## PROGRAMME

4.15 – 4.30 pm = Gathering of Runners  
 4.30 – 4.40 pm = Introduction and Opening prayer  
 4.40 – 4.50 pm = Warm-up  
 4.50 – 5.50 pm = Run  
 6 pm = Closing prayer / End

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**The family of Thaddeus wishes to thank all participants, especially Jerry Seah for organizing this event and Mrs. Lim Lai Cheng, Principal of RI who has so graciously allowed us the use of the school's running track, yet again.**

**Please continue to keep Thaddeus in your prayers.**