

8TH Memorial Run for Thaddeus Cheong

What is it

- A 5 km run in memory of Thaddeus Cheong
- You are most welcome to do a shorter distance by way of a walk or jog

When

21 June 2015, Sunday

Time

• 4 pm to 6 pm

Venue

 Raffles Institution (JC) Stadium, Bishan Road

Attire

 Anything PINK (preferably) as it is Thaddeus' favorite colour!

Participants

- Family, Relatives & Friends of Thaddeus
- Ex-Class/School mates
- Ex-RI(JC) Cross-Country Runners
- Triathlon community
- Anyone who wants to do it for Thaddeus

RSVP

George (Thad's dad): george_ccl@hotmail.com

Angie (Thad's mum): angiewee88@hotmail.com

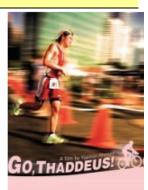
Thomas (Thad's brother): Facebook

.: Thaddeus completed the SEA games triathlon time trials on 24th June 2007. He clocked a personal best time of 2 hrs 9 mins.

We continue to remember Thad as he is fondly called and to mark the 8th Anniversary of his return to his eternal home, a 5 km run is being held in his memory. We thank all who have participated in previous years' runs:.

Go, Thaddeus!

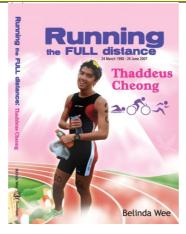
- We miss you and this run is for YOU
- With your passing, we learn to "Live Life to the Fullest" just as you did when you were with us
- We will continue to encourage healthy living through running which you loved
- You will always be remembered



Thaddeus' Motto

LIVE STRONG!

Thank you for all your continued support and participation





PROGRAMME

4.00 - 4.40 pm = Gathering of Runners

4.40 - 4.50 pm = Opening prayer

4.50 - 5.00 pm = Warm-up

5.00 - 6.00 pm = Run commences

6 pm = End of run / Closing prayer

The family of Thaddeus wishes to thank all participants, Jerry Seah for conducting this event, Mr. Chan Poh Meng, Principal of RI and Mr. Kelvin Wong, Facilities Manager of RI, who have so graciously allowed us the use of the school's running track.

Please continue to keep Thaddeus in your prayers.