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Teen triathlete collapses and dies after race

Submitted by Richy on 26. June 2007 - 10:02.

Folks,

I got this from the Straits Times (a Singapore newspaper). A 2hour 9min time for an OD Tri is quite impressive for a 17 year old kid.

My deepest condolences to the parents.

Teen triathlete collapses and dies after race (The Straits Times)

By Jeanette Wang & Lee Hui Chieh
25th June 2007

PROMISING teenage triathlete collapsed after crossing the finish line in a South-east Asia Games selection race yesterday and died soon after.

Thaddeus Cheong, 17, a first-year student at Raffles Junior College, had just swum 1.5km, cycled 40km and run 10km at Changi. He clocked a personal best of 2hr 9min, and came in third. Then he collapsed.

The boy's parents, George and Angeline Cheong, both 46, were present and rushed to their elder son. Their younger boy, Thomas, 13, is also a triathlon enthusiast.

Mrs Cheong told The Straits Times last night: 'We did not know his heart had stopped beating. We kept calling him, but there was no answer.'

Thaddeus was unconscious and foaming at the mouth when he was taken to Changi General Hospital (CGH). Doctors were unable to resuscitate him and pronounced him dead at 10.55am. Police have classified it as a case of unnatural death, and a coroner's inquiry will be held.

Family members, team-mates and friends were in shock as news of the teen's death spread yesterday. By afternoon, his school and church friends had started posting messages of grief online in their blogs.

Yesterday's SEA Games trial was the first of two to decide the two men and two women triathletes to represent Singapore in the year-end regional sports meet.

Thaddeus was among eight men and three women who started the race at about 6.45am at the Tanah Merah Country Club's swimming pool.

Triathlon Association of Singapore senior executive and assistant national coach Jerry Seah said Thaddeus looked confident, happy and ready to go before the flag-off. Participant Sikhander Singh, who finished sixth behind Thaddeus, said: 'He looked fresh throughout

Latest Topics

Garmin 405 and shoe shop with gait analysis

Submitted by Saffron Strider on 26. June 2008 - 11:48.
[Shoes_and_gear](#)

I have two questions. Is there anywhere that sells the Garmin Forerunner 405 in Hong Kong? Secondly can anyone recommend a shoe shop in Hong Kong that has a treadmill and provides gait analysis?

» [read more](#) | [2 comments](#)

Polar S1 foot Pod for sale

Submitted by busstop on 26. June 2008 - 6:54.
[Free_Classifieds](#)

I have a never used Polar S1 Foot pod which I got with the Polar RS200..But I have lost the watch and I have got a Sunnto t3 now.

» [read more](#) | [login](#) or [register](#) to post comments

Garmin 305 HRM Strap

Submitted by bakhwee on 24. June 2008 - 17:26.
[Shoes_and_gear](#)

Could anyone advise where I can go to purchase a replacement strap. Mine has become too loose due to regular use. Thank you.

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運動樂跑2008

Submitted by carmenchungkhg on 24. June 2008 - 11:10. [Race_photos](#)

uploaded some photos in my blog, see if you have been shooted or not, get a copy there, Hot weather but everyone enjoyed very much.
<http://hk.myblog.yahoo.com/carmenchungkhg/gallery>

» [read more](#) | [1 comment](#)

Asia Grand Prix

Submitted by Bill Purves on 23. June 2008 - 18:23.

The Asia Grand Prix starts tonight in Bangkok. The only HK entry I could find on the start lists was Lai Chun Ho in the 100m. He's seeded 10th of 15. We're promised results later at

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Heart rate for long run in heat

Submitted by David Tindley on 22. June 2008 - 11:45.
[Training](#)

I have been running for around 2 years. I have entered my first marathon, the Toronto Waterfront in September.

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Army Half Marathon

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the race. I had never seen him look better on the run.

'It was his best year so far in his triathlon career. I am very sad to see him go.'

Describing her son as an achiever, Mrs Cheong said: 'When he wanted something, he would work hard to get it.'

He was so keen to book a SEA Games slot that he had doubled his training stints to twice daily during the school holidays.

Raffles Junior College's cross-country teacher-in-charge, Mr Tay Meng Kiat, said: 'He was a very good child and well-liked by his team-mates.'

College principal Winston Hodge said: 'We are shocked and deeply saddened by Thaddeus' sudden passing, and our hearts and thoughts are with his family and friends.'

Among those who paid tribute online was a boy named Yao Khuan, who said they had been friends since Primary 5.

He wrote on his blog: 'Thaddeus, if you can hear me...I'd like to tell you that you're the coolest guy, and that I've always looked up to you, and I hope that it is a better place in heaven.'

Mrs Cheong said: 'Thaddeus is a very, very good boy. He is every mother's dream. He is a no-nonsense person, will tell you what he means, short and sharp and quickly.'

'But now, he has just left without saying goodbye.'

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Re: Teen triathlete collapses and dies after race

Submitted by Loveless on 28. June 2007 - 19:44.

Hello, I have created an entry dedicted to Thaddeus Chong for people to leave comments and remember him.

You are welcomed to come and pay your tribute.

The url is here
<http://xiawubei.wordpress.com/2007/06/27/in-loving-memory-of-thaddeus-chong/>

I also hope to include your entry about him in that post. Is that OK?

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Re: Teen triathlete collapses and dies after race

Submitted by blurmax on 28. June 2007 - 21:38.

It's always pretty sad to learn a young talented runner passed away after a run.

Surely wishing him will rest in peace.

[In memory of CHONG](#)

Running routes in Lantau Island

Submitted by om on 20. June 2008 - 12:57.

[Where_to_run](#)

Do you recommend any running route in this island. How long are they?

» [1 comment](#)

Running routes in Peng Chau and Lamma Island

Submitted by om on 20. June 2008 - 7:20.

[Where_to_run](#)

Do you recommend any running route in those two island. How long are they?

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Mosquito bites

Submitted by Beatles on 18. June 2008 - 12:21.

Day day raining, very boring!

With weather so wet all the time, there are soooo many mosquitoes (& bugs). How do you guys avoid mosquito bite running outdoors?

» [read more](#) | [3 comments](#)

ING Amsterdam Marathon to be held on 19 October 2009

Submitted by chuiws on 17. June 2008 - 19:15.

[Running](#)

I'll have a business trip to London in mid-October 2009 and intend to run the ING Amsterdam Marathon to be held on 19 October(Sun).

» [read more](#) | [1 comment](#)

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